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## Keyhole op to fight off the colon cancer invading your liver: Doctors trial innovative technique that fights infection and aids recovery

- Laparoscopic liver resection involves a number of small cuts being made
- Instruments are then used to see into abdomen and infected parts removed
- Procedure is complicated but reduces risk of infection and aids recovery
- Team at Southampton General Hospital treated over 600 patients this way

By MARTYN HALLE FOR THE MAIL ON SUNDAY

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### DON'T MISS


**▶ PICTURE EXCLUSIVE: Helen Flanagan displays her svelte figure in white bikini as she and beau Scott Sinclair dote on daughter Matilda in Mallorca**


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For patients who have advanced colon cancer, the outlook was once bleak, but developments in scanning techniques and drug treatments mean that even those people whose tumours have spread may not be beyond help.

And now sufferers have been thrown another lifeline: doctors are trialling an innovative surgical technique to remove secondary cancers that have spread to the liver.

The keyhole operation means patients are required to stay in hospital for a few days rather than a week with traditional open surgery. A team at Southampton General Hospital is leading the way, treating more than 600 patients since 2007.

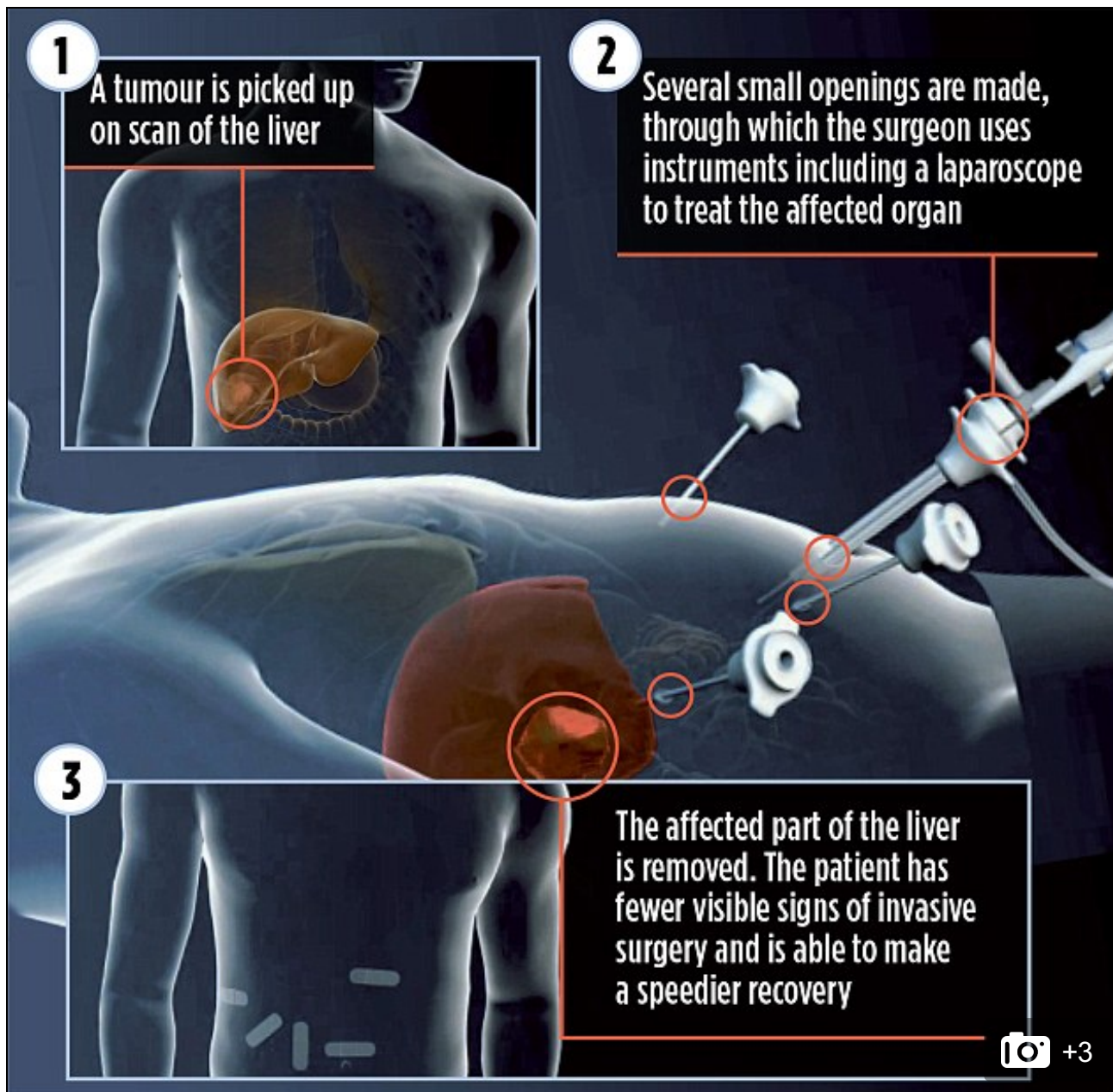
**steps out in simple yet striking ensemble in New York**

No support needed



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**Lifeline:** This graphic shows how the laparoscopic liver resection procedure is carried out by surgeons

Although any liver tumour can be tackled, a significant number of cases involve colon cancer that has spread to the organ.

However, removing them through the traditional open operation is risky as they are often large or close to an artery.

after going under wear free



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They're back, and look



Liver surgeon Mohammad Abu Hilal, who has developed the minimally invasive approach, called laparoscopic liver resection, says although it takes longer and is more complicated than conventional surgery, the advantages are reduced risk of infection, speedier recovery and, in repeat surgeries, easier access.

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Multiple surgeries are commonplace for colon cancer with liver secondaries (metastases), but with it comes the complication of having to go through old scar tissue.

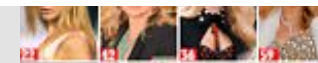
Mr Hilal says: 'Cutting through an old surgical wound can be difficult and they sometimes don't heal well, which leads to complications for the patient and a longer recovery.'

Thanks to 'smarter' operations, experts even hope advanced colon cancer will become a disease that can be kept at bay by removal of tumours when they appear on the liver.

'We are extending survival by treating it like a chronic illness that you can live with. We see a tumour, we go in and remove, and the patient is able to go home after a few days,' explains Mr Hilal.

'For a lot of patients we will treat them laparoscopically because it is convenient. If you have cancer that keeps coming back, you don't want a major incision each time.'

better than ever!



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**In bed with Demil Me**





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**Procedure: Laparoscopic liver resection is a complicated technique but can reduce risk of infection (file photo)**

Laparoscopic liver resection takes between three and seven hours under general anaesthetic. Several small openings are made, through which the surgeon uses instruments including a laparoscope – a thin tube carrying a camera that allows them to see and work inside the abdomen.

A larger cut is made close to the belly button through which the affected part of the liver is removed. The remaining liver can regrow – a unique aspect of the organ – within a few months of the operation, and can carry out all its normal functions.

Retired accountant Graham Coles, 63, from Watford, has had four keyhole liver surgeries with Mr Hilal since he was diagnosed with colon cancer.

He says: 'Soon after I'd had my initial colon cancer surgery at Oxford in March 2012, they found a tumour on my liver.

'I was expecting to face a conventional operation but then I contacted my daughter Sophie, who is a medical student at Southampton, and asked if she could help.

'By chance she had been working with liver surgeons and heard about the keyhole surgery.'

Sophie, 24, adds: 'It was a complete coincidence that as part of my training, I had been in the liver

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department and heard this keyhole surgery described. I got back to Dad and told him I'd found the ideal surgeon.'



**A team at Southampton General Hospital, pictured, is leading the way in regards to the innovative surgery, treating more than 600 patients since 2007**

Graham had the first of his keyhole surgeries in September 2012 and has since had three more, the last of which was carried out in October.

'Each time I have been out of hospital within three days and have been able to resume normal life,' he reveals. 'Being diagnosed with a recurrence of cancer is not good news.'

The only consolation is that I knew I would be having keyhole surgery – that made it more bearable.'

Graham's last operation was more complex because the tumour was found on the back of what is known as the seventh segment of the liver.

Mr Hilal says: 'We had to use instruments to flip the liver over so we could see the tumour to remove it.'

'When I proposed doing keyhole surgery to remove liver cancers, I was told it was too difficult, but we have proved it can be done.'

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Cheeky



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Young love



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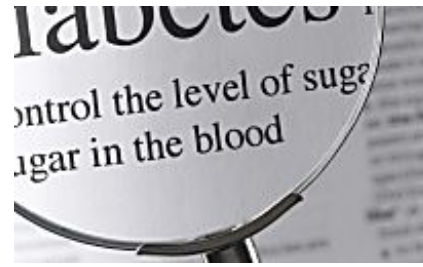
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mini dress as she nears the end of her pregnancy  
Maternity chic



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Casual laid-back day with her family



One Direction set to scoop best live act at the O2 Silver Clef Awards for a second time

Still winning awards despite hiatus



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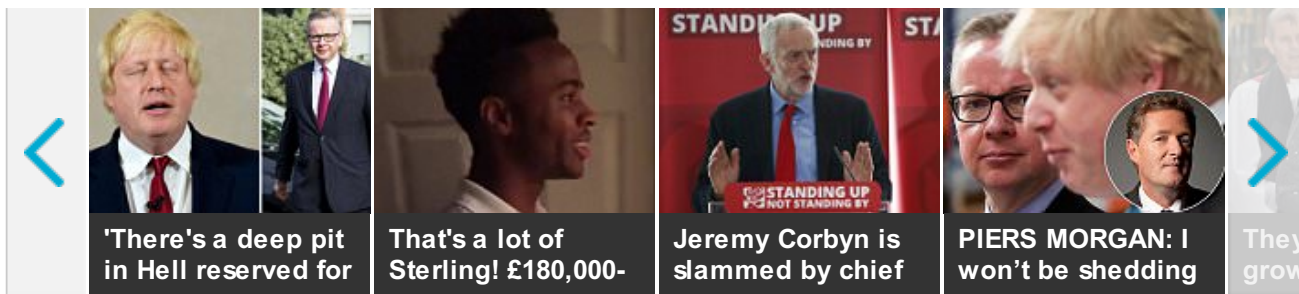
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shirt while running errands in New York



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Head over heels



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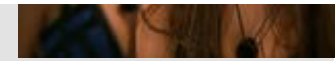
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outside



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straight after crashing  
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cost £88 to get there)



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overalls and country  
boots as she grabs  
lunch in **Malibu** after  
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Off duty



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Check her out



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In action



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Back at work



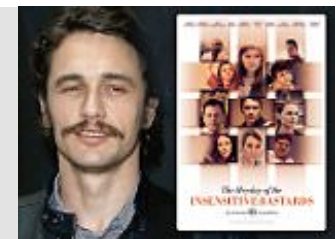
▶ **Pretty in pink! Sofia Richie drapes on a satiny bomber jacket for lunch outing after club night with rumoured beau Samir Nasri**  
Out and about



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is pictured as a bright-eyed schoolboy and beaming rugby player as throwback snaps surface



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What a joker



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Legal battle



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New direction



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Family time



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Tangerine dream



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Bouncing back



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Slim after split



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▶ **Top of the crops!** Heidi Klum highlights her toned tummy in tiny T-shirt and skintight jeans while strolling through NYC  
Dressed down



▶ **A royal day out!** Carole Middleton, 61, shows off her VERY shapely legs in a recycled navy dress as she joins the Duchess of Cornwall at Wimbledon



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Good news for fans



▶ **What will their**



**girlfriends say? TOWIE hunks Dan Osborne and James Lock showcase their buff bodies as they party up a storm with a bevy of girls in Mallorca**



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Girl power



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**'Giddy Ayda Field sports kooky glasses and a colourful jacket as she arrives for Loose Women appearance... before rocking quirky floral frock**



**'What did I do?' Gwyneth Paltrow says**





she doesn't understand how she's a more hated celebrity than Chris Brown  
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▶ Ready for a vacation! Elizabeth Olsen models chic Panama hat and breezy tank top while grocery shopping in Los Angeles  
Summer style



▶ Former Downton Abbey star Allen Leech looks dapper in a slick navy suit and burnt orange tie as he puts on an animated display at Wimbledon



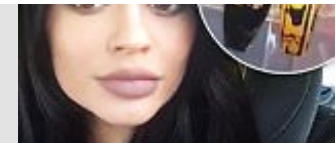
▶ TOWIE lovebirds Megan McKenna and Pete Wicks rock similar sportswear as they arrive in Ibiza for trip... before sharing steamy holiday snap



▶ 'This reminds me of my husband' Kylie Jenner hints that she's serious



with on-off beau Tyga as she visits nail salon  
Very serious



► Hailey Baldwin flashes her bra while pouting seductively at the camera in shoot for V Magazine, after it named her 'the quintessential It Girl of 2016'



► Awkward! Jules Wainstein and estranged husband Michael 'still living together' amid ugly divorce battle and abuse claims



► Bradley Cooper breaks a sweat busting a move to DJ Fatboy Slim as he gets lost among the revellers at Glastonbury festival  
Brad's feeling the bass



► Suits you! Liam Hemsworth looks dapper in charcoal jacket and trousers and a crisp white shirt to promote Independence Day: Resurgence



► 'Mum or sister?' Holly Willoughby, 35, shares rare Instagram snap of herself with her lookalike mother, 68, sending fans wild  
It's in the genes



► Cannes she look any better? MIC's Binky Felstead displays her stunning gym-honed



**figure in minuscule leopard print bikini in South of France**



**► 'Collagen started to dribble out': Rylan Clark-Neal reveals his lip BURST open on live television after overplumping his pout**  
Pout of order



**► 'Why is Tom Cruise in Morden?': Fans of the Mission Impossible star are left stunned as he lands helicopter on playing field**  
End of the Northern Line



**► Disgraced beauty queen Zara Holland shows off her phenomenal curves as she slips into a bikini in sizzling photo shoot**  
After Love Island scandal



**► Lisa Marie Presley filed for divorce from guitarist husband Michael Lockwood 'after discovering \$109,000 credit card bill'**  
Wed for 10 years



**► Kylie Jenner and Tyga confirm they're back together by packing on the PDA as the reality star takes her beau car shopping**  
What will the family say?



**► Moving the PartyNextDoor? Tyga gets closer to the Kardashians than ever as he 'leases pad street**



away from Kimye after reconciling with Kylie'



► 'Big little boy!' Ivanka Trump cuddles three-month-old son Theo in a sweet snap as she proudly shows off how much her youngest child has grown



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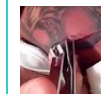
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▶ Iggy Azalea puts on brave face for X Factor Australia auditions as she reveals she caught ex fiance Nick Young cheating with 'other women' on CCTV



▶ Wayne Rooney escapes on £88 flight to Ibiza as England captain joins wife Coleen after England's Euro 2016 nightmare  
Jetting off after Euros flop



▶ 'Strong is beautiful': Selena Gomez displays her lean figure in a white minidress as she serves as the new face of haircare brand  
Glossy cov-hair girl



▶ Suddenly skinny! Jennifer Aniston has lost so much weight since pregnancy rumours that she can't keep her jeans up during NYC shopping trip



▶ Kate Moss, 42, dons sheer bra and leopard-print bikini as she enjoys romantic getaway to Venice with beau Nikolai Von Bismarck, 29



▶ The look of love! Brooklyn Beckham and Chloe Grace Moretz hold hands as they catch flight out of NYC after romantic trip  
Head over heels



▶ **Kourtney Kardashian balances youngest child Reign Disick on her slender hips as they spend a dedicated mother-son day out**  
Quality time



▶ **Bella Hadid flaunts her modelling prowess as she sizzles on photo shoot in slinky gown before stealing a moment for cigarette break**



▶ **Forgotten your hairdryer? Make-up free Jennifer Garner looks cheerful as she sports wet hair and a pretty mini ahead of business meeting**



▶ **Busty Casey Batchelor flaunts her voluptuous figure in a plunging bodycon floral dress at her beauty launch**  
Bloomin' lovely



▶ **It's fashion, dahling! Jennifer Saunders and Joanna Lumley are surrounded by drag queens at the world premiere of Absolutely Fabulous: The Movie**



▶ **Busty Ferne McCann oozes Hollywood glamour as she sizzles in red slinky wrap dress at her food blog anniversary**  
Tasty number



▶ **How Jennifer looked**



**Absolutely Fabulous:**  
Celebrity make-up artist  
Naomi Donne reveals  
she taught the star to do  
her OWN cosmetics for  
her movie premiere



▶ **Julia Sawalha, 47,**  
flaunts her impressive  
cleavage at **Absolutely  
Fabulous: The Movie**  
premiere... as she joins  
toyboy **Luke  
Hollingworth, 30**



▶ **'In the cockpit': Jessie  
J takes her style to new  
heights as she flaunts  
her derriere in red hot  
trouser suit on board  
a **British Airways** plane**  
Red-dy to fly?



▶ **Sheer delight! Ruby  
Rose flaunts new super  
svelte frame in  
transparent top and  
skintight trousers in  
Tokyo**  
Cell Block Tango



▶ **Bindi Irwin gushes over  
her boyfriend Chandler  
Powell as he gives her  
his only strawberry at  
breakfast**  
Denied engagement  
claims



▶ **'Exhaustion is real':  
Rita Ora is hospitalised  
hours after burglar who  
targeted her home in  
terrifying intrusion is  
jailed for five years**  
Overworked?



▶ **Hitting the shots?  
Vicky Pattison looks**





worse for wear in form-fitting floral dress after letting her hair down at Kelly Brook's nightclub for TV wrap party



▶ EXCLUSIVE: 'I would love to have a boy': Broody Billie Faiers says a son like baby Paul would complete her family... as she admits Nelly struggles to share



▶ Michelle Heaton ups the sex appeal in racy skin-tight leather trousers and white top for premiere of theatre show Eugenius Hell for leather



▶ 'Full of lies': Danniella Westbrook, 42, hits back after being accused of 'performing sex act on boyfriend George Arnold, 24, in chauffeur-driven car on M25'



▶ Sealed with a kiss! Smitten Tom Hiddleston showers new girlfriend Taylor Swift with affection as the couple put on a loved-up display in Rome



▶ Kelly Brook puts on a VERY busty display in a figure-hugging dress as she steps at TV bash with her model beau Jeremy Parisi Dressed for date night



▶ 'I would've used a donor if I hadn't met



Dan: Holly Willoughby comes out in support of Jodie Marsh after she reveals her plans to become a single mother



▶ EXCLUSIVE: David Hasselhoff, 63, reveals Hayley Roberts, 36, has banned him from singing at their wedding... and explains how he freaked out Zac Efron



▶ Domestic goddess! Kylie Jenner's BFF Pia Mia bakes in bikini bottoms and silver stilettos for sexy Paper Magazine photo shoot  
Run for her money



▶ Myleene Klass oozes sex appeal in figure-hugging jumpsuit as she puts on a sweet display with new boyfriend Simon Motson at the Ab Fab premiere in London



▶ Braless Kate Moss proudly shares her big screen debut with lookalike mum Linda as boyfriend Nikolai von Bismarck joins for the post-premiere party



▶ Bolly good show! The girls have still got it: LIBBY PURVES reviews Absolutely Fabulous: The movie  
As sharp and fresh as a glass of bubbly



▶ That's a wrap! Rebel Wilson beams after wrapping up night two of



**Guys and Dolls while saying she took on the new gig 'to diversify' her roles**



**'Relax everyone... I'm wearing pasties!' Ariel Winter strips off for a candlelit bubble bath as she films new movie**  
Modern Family star making a splash



**Eye-popping! Sarah Paulson poses completely topless for provocative photo shoot with W magazine**  
Dared to bare in edgy spread



**She looks a Billion dollars! Blonde bombshell Malin Akerman exposes her slender curves in plunging green dress**  
Green with envy?



**The couple that dresses together...: Amy Adams and husband Darren Le Gallo match in grey work-out gear as they head to gym session**



**Dame Judi Dench gets a tattoo at 81: Actress has 'Carpe Diem' inked on her right wrist as part of unconventional birthday present from her daughter**



**Rihanna and Drake fuel reconciliation rumours as they hit the London club scene until 4.30am**



for **SECOND** night in a row  
Another night together



▶ **Adriana Lima** shows off her cleavage and endless legs in plunging shorts suit as she attends a store opening in her home country of Brazil



▶ **'Turn it down a tad luv!':** Rihanna's outdoor Manchester gig leaves residents seething as music can be heard 'up to 10 miles away'  
Please stop the music



▶ **Sallie Axl** announces the birth of her 'truly beautiful' and 'perfect' second daughter Savannah-Blu on social media  
Big Brother star is a mum



▶ **'I love to be surprised':** Kim Kardashian reveals she never saw the final version of Kanye's Famous music video until premiere  
Shocked as the rest of us



▶ **Hot wheels!** Scott Disick makes sure he stands out as he takes \$492,000 baby blue Rolls Royce for a spin  
Certainly travelling in style



▶ **Khloe Kardashian** shares playful Instagram snapshot with niece North West from her star-studded



**birthday bash**  
Close-knit family



► **Kylie Minogue amps-up the glamour in cleavage-enhancing dress as she steps out with Joshua Sasse at Absolutely Fabulous premiere**



► **Kate Moss goes braless in plunging green blouse as she joins Stella McCartney to watch themselves in the world premiere of Ab Fab: The Movie**



► **Katie Piper looks Absolutely Fabulous as she goes braless in a sexy plunging caped jumpsuit at the movie's premiere in London**  
Look uber-stylish



► **'I wish him the happiness, like my fiancé and I have': Shanina Shaik shrugs off feud between beau DJ Ruckus and ex Tyson Beckford**



► **Supermodel Jourdan Dunn parades her endlessly long legs in a brocade gold mini-dress at Absolutely Fabulous movie premiere**  
Legs be having it



► **Lady Victoria Hervey stuns in a cleavage-baring white gown as she attends the world premiere of Absolutely Fabulous: The Movie**



All that glitters



► It looks like things are heating up! Shanina Shaik sizzles on a cold day in Sydney at Seafolly's spring/summer launch Raising temperatures



► But who's the style queen? Michelle Obama and Letizia of Spain show off their style sense AND toned arms as they promote girls' education in Madrid



► Roxanne Pallett looks glam in sheer floral lace number as she attends premiere of theatre show Eugenius Flirty floral dress with lace overlay



► Bellissima! Ms. Hadid shines in clingy white sweater dress and thigh-high black boots as she steps out for evening of fun with friends



► Life without Taylor's a beach! Newly single Calvin Harris lands in Cabo before partying with beautiful women on a private yacht Living the single life



► PICTURE EXCLUSIVE: Lighting up in the Big Smoke! Jaden Smith, 17, puffs on a suspicious-looking roll-up with female pal during London night out



► It'll be all white for a second night! Millie Mackintosh dazzles in sleeveless top and trousers at London bash... a day after donning same shade



► She's spellbinding! AnnaLynne McCord dazzles at Hollywood Today Live in a fairy-inspired white dress  
Rarely puts a fashion foot wrong



► Supermodel Kendall Jenner, 20, face swaps with pal Willow Smith, 15, and the reality star thinks the Snapchat result is 'wow'  
One cool face swap



► Class is in session! Heidi Klum keeps it casual as she takes her four children to see School Of Rock on Broadway  
Family fun day



► She's a Die Hard coffee fan! Rumer Willis covers up in monochrome outfit as she gets her caffeine fix  
Cooled off on the hot summer day



► One Direction's Louis Tomlinson 'plans to seek joint custody of baby Freddie after ex Brianna Jungwirth restricts access to his son'



▶ Her biggest fan! Chloe Grace Moretz and Brooklyn Beckham put on a super-sweet display as they cuddle during the actress' photoshoot in NYC



▶ Oopsy Daisy! Model Daisy Lowe accidentally flashes her spanx in silver and black gown with VERY daring thigh-split at Ab Fab: The Movie premiere



▶ Spice up your night: Emma Bunton cosies up to fiance Jade Jones as they celebrate her big-screen cameo at Ab Fab premiere after-party  
Loved-up couple



▶ She's ripped! Kelly Rowland looks casual but cool in torn jeans and summery tank top for lunch with husband Tim Witherspoon  
Heading out



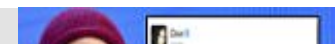
▶ Living large! Tyga keeps it casual while filling up his white Rolls-Royce convertible after rekindling romance with Kylie Jenner  
What money troubles?



▶ A Marvel-ous achievement! Scarlett Johansson's superhero turns pay off as she becomes highest grossing actress ever  
Superhero of the screen



▶ 'No excuse': Cher





**apologizes after being slammed by fans for using bomb emoji in 'insensitive' tweet about Turkey terror attacks**  
Apologised to fans



**► Spot on! Catwalk queen Gigi Hadid dazzles in a ruffled polka dot skirt and retro sunglasses during LA photo shoot**  
Shady lady



**► It's Chanel, darling! Kris Jenner cuts a stylish figure in a black jumpsuit and designer handbag for dinner in LA**  
Always dressed head to toe in designer gear



**► 'How did you get so fat': Model sports presenter Amy Christophers is body shamed by vile trolls despite being just a SIZE TEN**



**► Still going strong! Swimming champ Ian Thorpe and boyfriend Ryan Channing enjoy a romantic walk together wearing matching outfits**  
The perfect mate



**► Baby joy for Tracy Beaker! Actress Dani Harmer has welcomed her first child with boyfriend Simon Brough**  
Proud parents to a baby girl



**► Casey Batchelor**



displays her voluptuous cleavage in a patterned bikini as she joins fellow model Caprice for jacuzzi jaunt  
Making a splash



▶ A fine bromance! Zac Efron and Adam Devine ham it up on the red carpet at LA premiere of Mike And Dave Need Wedding Dates  
Goofed for the cameras



▶ Heavenly! Aubrey Plaza and Anna Kendrick flash their legs in white mini-dresses at Mike And Dave Need Wedding Dates' LA premiere



▶ 'Andy always wanted to beat Jamie': Judy Murray reveals her sons started playing 'cereal box' table tennis as children  
Started young



▶ Laverne Cox looks stunning as she flashes a hint of her toned torso in asymmetrical blouse at star-studded NYC benefit  
Flare for fashion



▶ Naya Rivera puts her slender physique on display as she dons all-black... as she gears up for second wedding anniversary  
Upcoming big day



▶ 'Too toxic for me': Brooks Ayers confirms



that he and Vicki Gunvalson 'are done as a couple' but still talk about business matters  
Very dramatic romance



► 'I don't have anybody': Bethenny Frankel breaks down while filled with loneliness ahead of 'major surgery' on RHONY  
Usually unshakable



► Pretty in purple! Dita Von Teese strikes a pose in a tight pencil skirt and her signature embroidered cardigan before her burlesque tour



► A stunning Spectre-cle! Naomie Harris is a vision in dazzlingly bright blue and red sleeveless dress as she attends glamorous London bash



► 'I'm not a bad person': Emotional Andy breaks down in tears after hearing his nominations as part of brutal Big Brother task  
Devastated



► 'Why throw my missus under a bus?': Tensions rise between Jackson and Emma after nominations are revealed on Big Brother  
Epic clash



► Paris Hilton proves herself to be every inch the style chameleon as



she goes from golden glamour to dazzling rock chick all in one day  
All that glitters



► Jennifer Saunders' lass is Ab Fab! Daughter Freya shows she shares some of her mum's alter ego Edina's style in Facebook snap  
Seeing double



► He's on a roll! Sean Penn's son Hopper cuts a casual figure as he shows off his impressive skateboarding skills  
In a spin



► Pregnant Zoe Hardman covers up her baby bump in flirty floral frock as she enjoys a day of sporting action at Wimbledon  
Blooming lovely



► That's definitely NOT fabulous, darling! WAG Abbey Clancy commits fashion fail in hideous print dress at Ab Fab premiere  
Rare mishap



► Pregnant singer Alanis Morissette, 42, reveals large baby bump as she floats naked under water while cupping her breasts  
Underwater snap



► PICTURE EXCLUSIVE: Kylie Minogue, 48, displays her petite curves in a swimsuit



while packing on the PDA with fiancé Joshua Sasse, 28, in Greece



► Daddy cool! David Furnish, 53, cuts a youthful figure in shorts and vest top as he steps out during St. Tropez holiday  
Casual vibes



► Spider-Man returns (yet again)! Tom Holland leaps into action as filming begins in latest reboot of Marvel's famous web slinger  
Another reboot



► Tickle me pink! Chrissy Teigen's baby daughter Luna wakes up with a smile for her adoring mum in sweet Snapchat  
Cute as can be



► 'I don't feel like a hero': Tom Hanks transforms into brave pilot who landed plane on Hudson River in first trailer for Clint Eastwood's Sully  
Dramatic new role



► Ellen Page snatches baby and cons ex's mother into thinking it's her grandchild in trailer for comedy-drama Tallulah  
Sure to be big



► She has great jeans! Emma Roberts keeps cool in teeny tiny shorts and Miami Vice top  
Showed off her long legs



as she took a stroll in West Hollywood



▶ **That's a strong start!**  
Demi Lovato kicks off Future Now Tour in Atlanta in black leotard with lacy bustier and thigh high boots  
Starting in saucy style



▶ **Iggy Azalea's former fiancé Nick steps out as picture emerges of him with arm around his 'pregnant' ex-girlfriend at party**  
Moving on?



▶ **PICTURE EXCLUSIVE:**  
Jude Law, 43, can't take his eyes off statuesque girlfriend Phillipa Coan, 30, as they soak up the romance of Rome  
Head over heels



▶ **Top secret! Matt Damon guides bewildered shoppers through fake spy mission in hilarious prank**  
What a fun guy



▶ **Hinting at a new musical direction? Rita Ora steps out in punk-inspired T-shirt and baggy tracksuit bottoms as she continues work on her upcoming album**



▶ **Hitch-ing a ride! Will Smith takes to the skies in a helicopter during a visit to Stockholm as he continues his European getaway**



New heights



► **Flower power! Shanina Shaik flaunts her taut stomach in floral printed bikini for swimwear label Seafolly's latest campaign**  
Poster girl



► **Well, that's an interesting look! Eccentric Helena Bonham Carter steps out in ANOTHER bizarre outfit choice**  
Daring to be different



► **Sugababes 1 Blue 0: Simon Webbe loses out to Amelle Berrabah in a popstastic heat of Celebrity Masterchef, by JIM SHELLEY**  
Cooking up a storm



► **'I'm consuming more than ever!' Caroline Flack slips into swimsuit as she reveals how she shed a stone in weight... but has she been axed from Love Island?**



► **Steps star Claire Richards continues to flaunt her trim figure in skinny jeans and a white top for casual outing**  
Looked slimmer than ever



► **Takes after mommy! Christina Milian's daughter Violet, six, belts out a tune during some Snapchat car Karaoke**  
It's in her genes



▶ **Kate Moss, 42, and her toyboy lover Nikolai von Bismarck, 29, go on a vintage shopping spree as they settle back into London life following romantic getaway**



▶ **Miles Teller flexes his bulging biceps and impeccable pecs to portray the 'greatest comeback' boxer in Bleed For This movie trailer**



▶ **Margot Robbie confesses she got spectacles as a preteen to 'look like Harry Potter' as she shares embarrassing snap of her at 13**



▶ **Make-up free model Lara Stone cuts a casual figure in a khaki jacket and skinny jeans as she steps out in London**  
Cool and casual



▶ **'I still love him': Lindsey Vonn reveals she's now 'best friends' with ex Tiger Woods after those cheating rumours**  
No hard feelings



▶ **'We're having more fun than ever': Nicole Kidman says and Keith Urban haven't lost spark in their relationship as they celebrate ten years of marriage**





▶ **'If you're on a reality show, you're not dying': David Foster's daughters question Yolanda Hadid's motives in scathing interview**



▶ **She's bringing sexy back! Demi Lovato poses topless in steamy black and white photo for cover of her new single Body Say**  
Racy image



▶ **Hola! Harrison Ford sports bushy beard as he strolls arm-in-arm with Calista Flockhart while on vacation in Spain**  
Low-key holiday



▶ **Alessandra Ambrosio wows as she shows off her long lean legs in a black miniskirt and sexy thigh-high boots at London party**  
Thigh's the limit



▶ **Is she buying him a Bugatti? Kylie Jenner takes on-again boyfriend Tyga luxury car shopping in LA after claims he's cash strapped**



▶ **No Bridezilla! Beyonce's mother confesses singer didn't like wedding dress she created for her when she married Jay Z... but wore it anyway**



▶ **Marnie Simpson**



displays plenty of sideboob in a blue swimsuit as she parties in Ayia Napa with Geordie Shore castmates



▶ Alessandra Ambrosio's relationship secret! Angel reveals how she loves spending time AWAY from her fiancé of eight years  
Long distance love



▶ Carb prep! Sofia Vergara makes sure her bikini body is ready to handle Fourth Of July pool parties and potato salad  
Working up a sweat



▶ Masterchef's John Torode surprises girlfriend Lisa Faulkner with a bouquet of flowers as they move out of their London home



▶ Holly Hagan shows off her toned tum in crochet bra top while Sophie Kasaei puts on a sexy display as they party with Geordie Shore castmates in Ayia Napa



▶ Blake Lively stuns in breezy sundress as she opens up to Hamptons magazine about her personal style and how working with Woody Allen was 'empowering'



▶ Chris Brown strikes a pose with a bevy of



**bikini-clad beauties in Ibiza... after the shirtless star hit the streets on a quad bike**  
Cheeky



**► The street's a runway! Chanel Iman is all style as she's spotted out and about in NYC in fringe top and sky-high stilettos**  
Boho beauty



**► She's his sweetie! Newlyweds Jerry Hall, 59, and Rupert Murdoch, 85, put on a loved-up display at world premiere of Absolutely Fabulous: The Movie**



**► Back on? Rihanna wears flirty cut-out dress to party with ex-beau Drake at Nicole Scherzinger's birthday party... and they don't leave until 5.30am**



**► Liev Schreiber reveals he walked out on first date with Naomi Watts because she was talking to Sean Penn... but she ended up chasing him**  
Together for 10 years



**► Factory girl! Queen Letizia of Spain shows off her slender physique in a pink blouse and Fifties-style skirt at a Volkswagen plant in Pamplona**



**► Mrs Murray makes a mint hawking brands:**



**Pimm's, coffee and a bank... is there anything shameless Judy won't promote?**  
Andy's mum's been busy



**► Revealed: Iggy Azalea 'discovered' Nick Young's ex-girlfriend is four months pregnant with his child' before calling off engagement**  
Last straw



**► Thrice as nice! Adam Levine lists Beverly Hills mansion for sale at \$17.5 million... more than THREE times what he paid for it four years ago**



**► Sizzling! Model Hannah Ferguson shows off her curves in sexy bathing suit photo shoot for Ocean Drive magazine cover**  
Perfect pin-up



**► 'I had five hours of surgery': Tamra Judge, 48, explains she no longer has belly button due to operation for stomach wall bursting... and shares nasty photo**



**► She looks a Billion dollars! Blonde bombshell Malin Akerman wears plunging green dress in NYC**  
Green goddess



**► Shirtless TOWIE star Joey Essex shows off his impressive abs as**



he cosies up to Kim  
Kardashian's Dash Doll  
Durrani Popal in LA  
Think she's a doll, Joey?



► 'I have cheat days':  
Slender Khloe  
Kardashian reveals she  
snacks on waffles, Fruit  
Loops and pizza when  
on a break from her diet  
Junk food lover



► 'Trump seems to be  
very much for women':  
Caitlyn Jenner remains  
firm in supporting the  
Republican as she  
claims he is 'behind the  
LGBT community'



► Pregnant Nicky Hilton  
look bloomin'  
marvellous in floaty  
floral top while strolling  
around the streets of  
New York  
Glowing



► Batman hits  
Disneyland! Former  
Caped Crusader  
Christian Bale plays  
doting dad as he takes  
his children to Happiest  
Place On Earth



► Need a hand, Your  
Highness? Princess  
Mette-Marit of Norway  
struggles to get into her  
rain poncho at King  
Harald and Queen  
Sonja's Silver Jubilee



► Alexa Chung rocks the  
tomboy look in double  
denim as she is  
announced as the face



of AG Jeans' new Fall 2016 campaign  
Fashion icon



► Cheryl's ex husband Jean-Bernard Fernandez-Versini looks relaxed in ripped jeans and trainers as he steps out in London days after hiring top divorce lawyer



► 'Can't wait for you to see this!' Rihanna teases her new video for Sledgehammer which will premiere in IMAX theatres  
Final countdown



► Spring to her step! Jessica Alba dazzles in lively long skirt and leather jacket as she plugs her cosmetics line in Toronto  
Effortlessly chic



► Family man! Matthew McConaughey makes rare family outing with all three children in NYC as he and wife Camila carry large coffee mugs  
Adorable brood



► Kanye West and Adidas to open Yeezy stores and expand sportswear line amid claims deal could make rapper 'a billionaire'  
Big plans



► Missing centre court? Rafael Nadal is joined by bikini-clad girlfriend Xisca Perello on luxury yacht in Spain after



being forced to skip Wimbledon due to injury



▶ Make-up free Chloe Moretz has a big smile on her face as she joins boyfriend Brooklyn Beckham ahead of photoshoot in New York  
Young love



▶ 'I adore the Kardashians!' Rupert Everett calls Caitlyn Jenner's transition 'a great American story' after branding her of being 'a cross-dresser'



▶ 'Grow up!' Fans slam Cher on Twitter after singer uses bomb emoji in 'insensitive' tweet about Turkey terror attacks

Social media faux pas



▶ 'They don't want him around!' Kardashian family disapprove as Kylie Jenner rekindles her on-again romance with Tyga... as he moves into her \$6m mansion



▶ She has nothing to hide! Anastacia bares her breasts - and very toned tummy - in naked Instagram selfie, three years after undergoing a double mastectomy



▶ Kelly Brook shows off her natural beauty as she goes makeup free while on her way to film new TV programme in London



Fresh faced



► **Megan McKenna teases a glimpse of cleavage in racy Insta snap... as she meets beau Pete Wicks' 'dad' for the first time**  
Looked the part



► **'Ladies please stop. All of of you': Phillip Schofield is forced to step in as This Morning guest accuses Dr Leah Totton of using her curves to get ahead**



► **'I always thought I was fat then': Gemma Collins posts throwback swimwear snaps of her size 12 curves as she reminisces about being slimmer**



► **'It's an act of courage:' Legendary singer-songwriter Paul Simon, 74, says he is ready to retire after six-decade career**  
Time to leave the stage



► **EXCLUSIVE: 'I knew that she was gonna end up somewhere': Blac Chyna's father speaks out for the first time to say he's overjoyed for his pregnant daughter**



► **Jenson Button's model girlfriend Brittny Ward shares busty Instagram shot as she soaks up the sun in Monte Carlo in a tiny print bikini**  
Racy snap





▶ Ex-AC Milan player marries his model girlfriend in a lavish ceremony with TWO dresses, Tiffany rings and a surprise gig by Andrea Bocelli



▶ Thanks for nothing! Iggy Azalea is left speechless after she is targeted by mean 'fan' who tells her she 'ruined hip hop' to her face and on camera



▶ Celine Dion brightens up Paris in a colourful coat and matching purple handbag as she prepares for another concert  
Dressed to impress



▶ Cheers to that! Nick Grimshaw and Sadie Frost enjoy a leisurely pub lunch as they reunite in trendy Primrose Hill  
Firm friends



▶ Gogglebox star Scarlett Moffatt flaunts her summer weight loss in a figure-hugging lace co-ord as she enjoys romantic break with boyfriend Luke Crodden



▶ PICTURE EXCLUSIVE: Emma Watson gives a stranger a peck on the cheek after he playfully holds on to her parking ticket  
Just the ticket



► **Make-up free Danielle Lloyd shows off her plump pout and gym-honed figure in sexy lycra workout gear as she heads to a salon**  
Low-key look



► **'I feel like a new man': TOWIE's James Argent has lost three stone at intensive boot camp after overhauling his life following split with Lydia Bright**



► **'It was getting too stressful': Dance Moms star Maddie Ziegler, 13, talks leaving the hit show as she models summer fashions for Seventeen**



► **Bright ideas! RHOBH star Kyle Richards, 47, looks youthful in purple mirrored shades and yellow purse after paradise beach break**  
Sunny disposition



► **How YOU can get a body like Queen Bey: Beyonce's trainer shares the gruelling workout behind her incredible tour body**  
Sprinting and shakes



► **Ready to cook up a storm! Pregnant Real Housewives Of The OC star Meghan King Edmonds reveals her kitchen remodel**  
Designer space



► **Shameless star Jody**



**Latham - who played Lip in the hit series - admits harassing his actress ex-fiancee with threatening voicemails**  
Pleaded guilty



▶ **Georgia May Jagger goes for dressed down chic at fashion event in Berlin as she teams a bright silk bomber with skinny jeans**  
Flower power



▶ **Transformers star Nicola Peltz shows off her sensational figure as she relaxes in the pool in a tiny white bikini for sizzling Instagram snap**



▶ **Gordon Ramsay puts on a brave face as he struggles on his crutches while out and about in London... following wife Tana's tragic miscarriage**



▶ **Double-oh-heaven! Jane Seymour, 65, looks twenty years younger as she dazzles at screening in Hollywood**  
Could pass for at least twenty years younger



▶ **Kourtney Kardashian, 37, displays her slender pins in a daring white miniskirt at GQ party in LA before leaving with P Diddy's son Quincy, 25**  
New friend, Kourtney?



▶ **'I've missed periods because I haven't been**



**eating': Marco Pierre Jr's ex Kim Melville-Smith says her weight has plummeted after BB cheating scandal**



**▶ Imogen Thomas showcases her ample assets in busty bikini selfies as she promotes new swimwear range Smouldering bikini snaps**



**▶ Celebrity obsessed burglar who stole £200k worth of designer goods from Rita Ora's house previously tried to sell autopsy pictures of a murdered Potter actor**



**▶ Look Hugh's done well! British acting icon Laurie to be honoured with star on the Hollywood Walk of Fame**  
Joined a host of Hollywood legends



**▶ Wiz Khalifa pops up in Malta after giving bombshell interview where he says Kanye West is threatened by him and Amber Rose was a distraction**



**▶ Back on? Rihanna stuns in flirty cut-out dress while continuing to hint at reunion with ex-beau Drake as they attend Nicole Scherzinger's birthday**



**▶ Father-son duo Guy Ritchie and David Banda return to the director's**



house after sharing a meal with Madonna at her London home  
Quality time

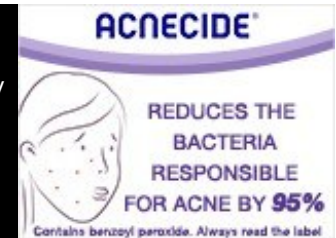


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